Anatomical and phytochemical properties of Codium, a marine macroalga

Deepa KP\textsuperscript{1}, Thiyadharsinh M\textsuperscript{2}, Anand Gideon V\textsuperscript{3}, Selvakumar Vijayalakshmi\textsuperscript{3}

Algae are the aquatic phototrophic organisms that play a major role in ecosystem. They are the primary producers and have lot of other potential applications. Algae dwells in marine, freshwater, salt water or in any extreme conditions. The goal of this study was to analyses the Morphological and anatomical features of a marine macroalgae Codium collected from Pattukottai. To study the potential activities of macroalgae, phytochemical studies were done. Ethanolic extract of Codium was investigated for the phytochemicals present in the algae. The presence of many types of chemical compounds and particularly high quantity of Vitamin E was present in the macroalgae Codium. Vitamin E is abundant in food and has much beneficial activities on skin care. As a result, the presence of Vitamin E in algae shows that, it can be used on commercial aspects. Codium is considered as edible algae because of the presence of enormous amount of Vitamin E.

Key Words: Macrocblae; Codium; Phytochemical; Vitamin-E

INTRODUCTION

Macroalgae are the primary producers at the base of the marine food web. They feed a variety of communities of herbivorous creatures, including both invertebrates and vertebrates like herbivorous fish, and ultimately act as a safe haven for them from carnivorous predators. To combat this herbivore, which can be aggressive at times, many macroalgae have developed stronger defense systems. Algae are one of the main targets for sustainable biofuel generation and CO\textsubscript{2} consumption due to their photosynthetic capabilities. Algae that provide us with our food, fuel for our cars, and the air we breathe are source of active pharmaceuticals that can be utilized to treat malignancies, viruses and drug resistant bacterial strains [1].

Based on field survey, distinct locations in the Gulf of Mannar are home to four species of Chlorophyta, nine species of Phaeophyta, and nine species of Rhodophyta. Using accepted techniques, 22 different seaweed species were identified and described. The most common classes of algae in nature are Chlorophyceae, Phaeophyceae, and Rhodophyceae, respectively. The collected species of macroalgae were washed thoroughly with seawater and then washed with distilled water to remove the debris and salt. The sample collection and authentication identifies the species.

MATERIALS AND METHODS

Sample collection and authentication

The Macroalgae Codium along with other two species were collected from Pattukottai, coastal region. The region is Veliyal, Athirampattanam port, near Palk Bay. The algal species were collected in three sites at Latitude and longitude of 10.287 23N 79.34248E, 10.28715N 79.34168E, 10.28701N 79.34077E. The collected macroalgae were washed thoroughly with seawater and then washed with distilled water to remove the debris and salt present. Macroalgae species are dried and kept as an herbarium for further identification of species.

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GCMS analysis of ethanolic algae extract

A Ethanolic extract of the marine Macroalgae Codium was analysed by GC-MS using a VF-5ms fused silica capillary column (Model: QP 2010 Plus, Shimadzu, Tokyo, Japan). It was intended for the column oven's temperature to increase from 50°C to 280°C. At 250°C, the injector was set. Helium is the carrier gas, flowing at a rate of 1.20 ml/min. A Hamilton syringe was used to manually inject an ethanolic extract of Codium into the GC-MS during a split injection operation for total ion chromatographic analysis. It took 40 minutes to finish the GC-MS.

REFERENCES

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RESULTS AND DISCUSSION

Morphology of Codium: Codium, Chlorophyceae comprise of following characters:

- **Division**: Chlorophyta
- **Class**: Ulvophyceae
- **Order**: Bryopsidales
- **Family**: Codiaceae
- **Genus**: Codium

**External features**

Codium is a dark green algae that can grow to a height of 10-40 cm. Its segments are frequently branched and cylindrical, measuring 0.5 to 1.0 cm in diameter and the branches can be as thick as pencils. The segments resemble thick, green fingers. A big, sponge-like cushion of tissue serves as its holdfast.

**Anatomy of Codium**

Anatomy of Codium thallus is composed of the single, large, branching tubular cell with many nuclei; branches are sometimes referred to as siphons. The thallus’s center is made up of entangled web of siphons, in contrast to the closely packed, utricle-forming cortex that surrounds it. The content, size, and form of utricles might vary. Moreover, they could have gametangia or side hairs. Medullary filaments are slender outgrowths from the base of each utricle that range in diameter from 26 to 46 µm, sharply defining the boundary between the utricle and filament. Utricles range in size from 130 to 400 µm in width and 400 to 1000 µm in length. Many are conical in shape with thicker apex walls. Typically, these utricles have short bulbose shape. Hairs attached to darkened swollen tip. Gametangia is ellipsoid-spherical, sometimes ovate, 80-130 µm diameter 260-330 µm long, born on short bud distinct pedicle at or just above middle of utricle, 1-3 per utricle, extending to apex of the utricle. The utricles, a palisade-like layer of green vesicles that make up the interior structure, are interwoven densely in the colorless medulla. Organelles are restricted to a layer of cytoplasm connected to the cell wall, of which mannan is a crucial component, including several nuclei and disc-shaped chloroplasts. Chloroplasts do not include pyrenoids; siphoxanthin and siphonanthin are carotenoid pigments. The centripetal deposition of wall material results in incomplete septa (plugs). Utricles are primarily created by the growth of medullary siphon sympodial branches, with secondary production occurring by budding or the generation of new medullary siphons that produce utricles from base of pre-existing utricles. The apical wall of mature utricles is frequently thicker and frequently adorned with a pattern particular to a given species. They are clavate or cylindrical. Rhizoid siphons are another product of the basal part of utricles; they burrow into the medulla. Any of colorless hairs has basal clog produced by utricles near the hair’s apex. Although being caducous, the plug leaves a visible scar. Utricles feature a basal plug above a short pedicle, are fusiform or oval in shape, and generate gametangia laterally. The gametangia’s contents split into biflagellate gametes during meiosis. Gametes came out of the apical breach as a gelatinous mass. Although female gametes are larger and contain a greater number of chloroplasts than male gametes, male and female gametes can sometimes develop on the same thallus (monoecious or dioecious). The zygote develops upright, protracted vesicles after becoming an amorphous, prostrate vesicle. The major utricle-producing siphons that emerge from these vesicles eventually unite to form a multiaxial thallus. Through parthenogenesis, fragmenting or chopping off modified aborted gametia, or other asexual reproductive techniques (Figures 1 and 2).

![Figure 1](cross-section-of-codium.jpg)
Anatomical and phytochemical properties of Codium, a marine macroalga

Reproduction
In Codium, only gametophyte generation takes place. The separate chambers in which the sperm and eggs are housed are called gametangia, and they protrude from the utricles. The majority of the dioecious Codium species have male and female gametangia on separate plants. Both male and female gametes have two flagella, but the female gametes are larger.

Gametogenesis

Male gametogenesis: On the sidewalls of the utricules, gametangia developed. Gametangia first displayed vegetative interphase nuclei and the chloroplasts that already had a mature structure with a limited number of thylakoid lamellae and single starch granule present. Then there were divisions known as mitosis, which led to an increase in gametic nuclei. The gametangial mitosis shared characteristics with other Bryopsidophyceae’s vegetative mitosis. The union of tiny vesicles with a big mitochondrion and chloroplasts clearly separated uninucleate regions of protoplasm. The basal-flagellar apparatus eventually evolved once the gamete’s ultimate shape submerged in a mucilaginous substance. They had an elongated-ovoid form, two flagella, a hyaline front section, and rear portion containing the two or three yellow-green chloroplasts. The anterior nucleus was densely packed with chromatin but lacked a nucleolus. At the front of the gamete was a sizable mitochondrion that had an “inverted-V” form. Lamellae in chloroplasts were underdeveloped, and the starch granules were big.

Female gametogenesis: The protoplasm was homogeneous early in gametogenesis but later became fragmented as the number of fusiform nuclei and chloroplasts increased. Other Bryopsidophyceae shared a number of traits with the nuclear divisions. They were somewhat acentric and open. Indicating meiosis were parallel electron-dense lines in number of prophase nuclei that resembled synaptonemal complexes. During metaphase, the nuclear envelope showed polar fenestrae that gave rise to the spindle. Chromosomal kinetochores were present, but spindle microtubule-nucleating material was not. On the pyriform, hyaline anterior end of the mature female gametes, there were two flagella. The spherical nucleus of mature gametes was ringed by a mitochondrion and many discoid chloroplasts. Female gametes germinate parthenogenetically in both gametangia and in culture, losing their flagella, rounding, cell lengthening proliferating chloroplasts with well-established thylakoid systems; vacuolizing and developing the fibrillar cell wall (Table 1 and Figure 3).

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TABLE 1
Phytochemicals after gas chromatography mass spectrometry analysis

<table>
<thead>
<tr>
<th>S. No</th>
<th>Ret. Time</th>
<th>Ret. Index</th>
<th>SI</th>
<th>Area%</th>
<th>Compound name</th>
<th>Molecular formula</th>
<th>Molecular Weight</th>
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<td>3149</td>
<td>89</td>
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<td>Vitamin E</td>
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<td>2</td>
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<td>79</td>
<td>19.49</td>
<td>1,2-Benzenedicarboxylic acid, Dioctyl ester</td>
<td>C24H36O4</td>
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<tr>
<td>3</td>
<td>38.304</td>
<td>1767</td>
<td>100</td>
<td>0.38</td>
<td>Indolizine, 2-(4-Methylphenyl)</td>
<td>C15 H13 N</td>
<td>207</td>
</tr>
<tr>
<td>4</td>
<td>38.73</td>
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<td>94</td>
<td>3.69</td>
<td>3,4-Dihydro-4-(1,3-Dioxolan-2-YL)-5,7-Dimethoxy-1(2H)-Benzopyran-2-One</td>
<td>C14 H16 O6</td>
<td>280</td>
</tr>
<tr>
<td>5</td>
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<td>942</td>
<td>100</td>
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<td>C6 H14 O2</td>
<td>118</td>
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<td>7</td>
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<td>1.3</td>
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<td>8</td>
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<td>9.04</td>
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<td>(SS)- or (RR)-2,3-hexanediol</td>
<td>C6H14O2</td>
<td>118</td>
</tr>
</tbody>
</table>
Phytochemicals in codium

**Vitamin E:** A fat-soluble nutrient called vitamin E can be taken as a dietary supplement or added to various meals. Vitamin E functions as an antioxidant in the body, helping to shield cells from damage brought on by free radicals. When our body transforms the food we eat into energy, chemicals called free radicals are created. Vitamin E supports healthy skin, eyes, and the body's natural defenses against disease and infection. Supplemental vitamin E may be beneficial for those with specific skin conditions like eczema. Vitamin E supplements may be helpful for those with certain skin disorders such as eczema. It is an essential nutrient that plays a crucial role in several biological functions, including

**Antioxidant activity:** Vitamin E is a potent antioxidant that protects cells from damage caused by free radicals. Free radicals are highly reactive molecules that can damage cells and contribute to the development of chronic diseases, including cancer, heart disease, and Alzheimer's disease.

**Immune system support:** Vitamin E helps support the immune system by enhancing the activity of immune cells, such as T cells and B cells. It also reduces inflammation, which is a key factor in many immune-related diseases.

**Skin health:** Vitamin E is important for maintaining healthy skin. It helps to protect the skin from UV damage, reduces inflammation, and promotes wound healing.

**Cardiovascular health:** Vitamin E has been shown to help reduce the risk of heart disease by preventing the oxidation of LDL cholesterol, which can lead to the formation of plaque in the arteries.

**Brain health:** Vitamin E may help protect against cognitive decline and Alzheimer's disease by reducing oxidative stress and inflammation in the brain.

**Anticancer properties:** Vitamin E has been shown to have anti-cancer properties, particularly in the prevention of colon, breast, and prostate cancers. It may help prevent the growth of cancer cells by reducing oxidative stress and inflammation. Overall, Vitamin E is an important nutrient that plays a critical role in maintaining good health and preventing chronic diseases [5].

**1,2-Benzenedicarboxylic acid, Diocyl ester**

Phthalic acid is another name for benzenedicarboxylic acid. A class of lipophilic compounds known as Phthalic Acid Esters (PAEs) are frequently employed as plasticizers and additives to increase the mechanical extensibility and flexibility of a variety of products. In addition, PAEs are regularly found in sources from plants and microorganisms, raising the idea that they are manufactured PAEs that enter the ecosystem may affect the metabolism of some plant, algal, and microbial populations. Hence, additional research is necessary to clarify the pertinent mechanisms and ecological effects [6].

**Indolizine, 2-(4-methylphenyl)**

The indolizine family of heterocyclic compounds includes the synthetic chemical indolizine, 2-(4-methylphenyl). It has been investigated for potential biological activity and has produced encouraging outcomes in a number of experiments. Here are a few of 2-(4-methylphenyl) indolizine's biological activities that have been noted:

**Anticancer activity:** MCF-7, HepG2, and HCT116 are only a few of the cancer cell lines against which Indolizine, 2-(4-methylphenyl), has demonstrated substantial cytotoxic action.

**Anti-inflammatory action:** By preventing the synthesis of pro-inflammatory cytokines including TNF-alpha, IL-6, and IL-1beta, Indolizine, 2-(4-methylphenyl), has demonstrated a possible anti-inflammatory effect.

**Antimicrobial activity:** Indolizine, 2-(4-methylphenyl) has shown significant antimicrobial activity against various bacterial strains such as Staphylococcus aureus, Escherichia coli, and Pseudomonas aeruginosa.

**Antioxidant activity:** Indolizine, 2-(4-methylphenyl) has shown significant antioxidant activity by scavenging free radicals and inhibiting lipid peroxidation.

**Antiviral activity:** Indolizine, 2-(4-methylphenyl) has shown promising antiviral activity against the Herpes Simplex Virus type 1 (HSV-1).

It is important to note that the biological activities of Indolizine, 2-(4-methylphenyl) have mainly been studied in vitro and further studies are required to evaluate its potential in vivo efficacy and safety [7].

3,4-Dihydro-4(1,3-dioxolan-2yl)-5,7-dimethoxy-1(2h)-benzopyran-2-one

3,4-dihydro-4(1,3-dioxolan-2yl)-5,7-dimethoxy-1(2h)-Dihydrocoumarin and coumarin-3,4-dihydro-2h-1-benzopyran-2-one are other names for benzopyran-2-one. It is a naturally occurring substance that is present in many plants, including tonka beans, cinnamon, and sweet clover. It's utilized in flavorings, cosmetics, and fragrances because of its sweet, vanilla-like scent. For many years, coumarin has been utilized as a food flavoring, especially in baked goods like cakes, pastries, and bread. Because of its potential for toxicity at high levels, its usage has been limited or outright prohibited in a number of nations. Except for some traditional and seasonal foods, the European Union has established a maximum limit of 1 mg/kg for coumarin in foodstuffs. The Food and Drug Administration (FDA) in the United States has not set any precise limits on the amount of coumarin that may be used in food, but it has listed coumarin as a flavoring ingredient that is Generally Recognized as Safe when used in line with good manufacturing practice. Although modest coumarin use is generally regarded as safe, excessive doses have been associated with liver damage, especially in people who already have liver issues. Because of this, it's crucial to be aware of potential coumarin...
souces in food and use it sparingly [8].

(8S)- or (RR)-2,3-hexanediol

A type of diol having the chemical formula C6H14O2 is hexanediol. It can be used in a broad variety of processes, such as the synthesis of different compounds and as a plasticizer, humectant, solvent, and plasticizer. Hexanediol has demonstrated biological actions that have antibacterial qualities. A number of bacterial species, including Staphylococcus aureus, Escherichia coli, and Pseudomonas aeruginosa, have been discovered to be particularly susceptible to it. Also employed in dermatology, hexanediol has been found to have moisturizing and emollient qualities. To keep the skin moisturized and supple, it can be found in many skincare products, like lotions and moisturizers. Hexanediol has also been researched for its possible use as a transdermal medication delivery penetration enhancer. According to studies, it can enhance the skin absorption of several medications, enabling a more effective and efficient administration of these substances.

Anatomical studies were done under laboratory condition. Phytochemical work done on macroalgae Codium from that we came to know the presence of essential chemical compounds. GC-MS result shows that vitamin E content (36%) high in Codium. Vitamin E which mostly present in many plant-based foods which are edible. Vitamin E helps in maintain healthy skin and eyes, and strengthen the body's natural defense against illness and infection. It also has Antimicrobial and Antioxidant properties. So that Codium is considered as a macroalgae which can be commercially used. Algae growing in stressed condition have enhanced phytocompounds and more productivity. The hydrocarbon storage as fatty acids and pigmented compounds helps to thrive the algae in the stressed condition [9]. The tocopherol constituent in the Codium is vast higher than the remaining macroalgae like Dictyota, Gracillaria from the same collection site [10-36].

CONCLUSION

Based on the result of this study, the phytochemical composition of macroalgae Codium has been determined. Ethanolic extract of Codium contain important and active phytochemical compounds which are used mostly in commercial and therapeutic aspects. Each compound which possesses biological properties. Their specific role has been investigated in this study. The phytochemicals which present are Vitamin-E:38%, 1,2-Benzenedicarboxylic acid, Dioctyl Ether-19%, Indolizine, 2-(4-Methylphenyl)0.38%, (SS)- or (RR)-2,3-hexanediol)-9%, 3,4-dihydro-4(1,3-dioxolan-2-yl) -5,7-dimethoxy-1(2h)- benzopyran-2-one-3%. It has been determined that most active compound in Codium is Vitamin-E. 1,2-Benzenedicarboxylic acid, Dioctyl Ether which has antimicrobial properties. Indolizine,2-(4-Methylphenyl) has antimicrobial, anticancer, antiviral, and antioxidant activities. (SS)- or (RR)-2,3-hexanediol has been used in skin care products. 3,4-dihydro-4(1,3-dioxolan-2-yl)5,7- dimethoxy-1(2h)-benzopyran-2-one has aromatic compounds, so that it is used to increase flavors, and mostly present in cinnamon, sweet clover. Vitamin-E also called as alpha-tocopherol which are mostly present in edible plant-based products. Vitamin-E is an antioxidant. It helps to keep strong immune system. Therefore, in this study, presence of Vitamin-E in the extract can be considered to be involved in food, medicine and cosmetics. And also, Vitamin-E involves protecting skin from solar radiation. So, it also been widely used in skin care products and cosmetics. The presence of phytochemicals in the extract confirms that, this Macroalgae can be used commercially in food, medicine and cosmetics. In addition, the presence of higher percentage of Vitamin-E proves that Codium can also be taken as dietary supplement.

REFERENCES


